

Barclay Shelton Dance Centre 2020-21 Class Expectations and On-Site Procedures

I. Class Guidelines

- A. Hair and Dress Code policy must be followed whether remote or in person
- B. Correct shoes must be worn

II. Guidelines for Remote Students (via Zoom)

- A. Set up your space:
 - 1. A 5x5 space is ideal (3x3 minimum)
 - 2. Device must be set up for whole body to be seen
 - 3. As much as possible, try having a designated space where you can focus without other household distractions (keep other family members including pets out of the space)
 - 4. Ballet classes will need a barre, the back of a chair works great!
 - 5. Flooring:
 - a) For ballet, jazz, modern, and lyrical a smooth surface is preferred so that dancers can turn safely. If this is not possible in your home, dancers may need to mark turns to avoid injury to knees and ankles.
 - b) Tap:
 - (1) Combo students can protect their home's flooring by laying down a flattened cardboard box
 - (2) Beginning tap and up: we suggest going to any hardware store to purchase a sheet of plywood or other hard surface to tap on. It's ok if this is not done by the first lesson! Reach out to your tap instructor if you need help problem-solving a tap surface for your home.
- B. For younger children: an adult should be monitoring in case tech support is needed
- C. Please log in to the zoom meeting using a screen name matching the dancer enrolled in the class
- D. Mics need to be **off** at all times unless specified by the teacher
- E. Cameras need to be **on** at all times unless specified by teacher

III. On-site procedures for entering building

- A. Dancers will not be allowed to enter the building until it is their class time. Our lobby is closed and cannot be used as a waiting area. If you are early for class, you will have to wait outside until you are allowed in by the instructor.
- B. Only dancers allowed in the building. Parents must wait outside.
- C. Entrances
 - 1. Studio A: outside stairs accessible from parking lot
 - 2. Studio B: door accessible from Bell St. sidewalk
 - 3. Studio C: through the lobby door
- D. Screening before entering

1. Everyone entering the building will have their temperatures checked. **Please do not leave your child until they have passed the temperature screening.**
2. Self-screen your dancer with these questions before coming to dance class:
 - a) Temperature 100.4 degrees Fahrenheit or higher?
 - b) Sore throat that you can't connect to another health problem?
 - c) Congestion or a runny nose not related to seasonal allergies?
 - d) A new loss of taste or smell?
 - e) New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)?
 - f) Diarrhea, vomiting, or abdominal pain?
 - g) New onset of severe headache, especially with a fever?
 - h) Muscle aches or body aches that you cannot connect to another health problem or to an activity such as physical exercise?
 - i) Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19?
 - j) Has been isolating or quarantining because they may have been exposed to a person with COVID-19 or are worried that they may be sick with COVID-19?
 - k) Currently waiting on the results of a COVID-19 test?
3. If symptoms are observed by the instructor, a student may be asked to leave the class. **When in doubt, keep your child home.**

IV. On-site procedures once inside the building

- A. All people entering building must wear a mask for the entire duration of the class
- B. After temperature checks, students will be given hand sanitizer and directed to their specific "bag drop" area. We encourage dancers to bring as little as possible to the dance studio. Water bottles must have straws that will enable dancers to drink without removing their masks.
- C. After shoes are changed, dancers will sit in their designated square on the floor while waiting for attendance to be taken.
- D. Bathroom use: Our facilities will be cleaned regularly throughout the day but we still strongly encourage participants to use the bathroom at home before coming to class.
- E. After the completion of class, each studio's high-touch surfaces will be wiped down in anticipation for the start of the next hour's class.

V. What BSDC is doing inside the studio to promote the safest environment

- A. Temperature checks of all staff and dancers before entering the building
- B. Screening of participants: all dancers must be symptom-free of any contagious illness to enter
- C. Face masks must be worn at all times
- D. Designated, socially distanced spaces marked off for each student to dance in
- E. All lobby/waiting areas closed
- F. Abundantly available hand sanitizer and access to hand washing
- G. Use of medical-grade air purifiers in every classroom
- H. Windows will be left open for maximum air flow
- I. Strict adherence to class-size limits based on state guidelines
- J. Frequent cleaning of bathrooms and other high touch common areas
- K. Cleaning each studio between classes