

BSDC Symptom Screening & Sick Policy

Students should not attend in person dance classes when they are sick. We will rely on home symptom screenings by parents, guardians or caregivers prior to each in person dance session in order to ensure a safe environment for everyone. It is essential that students stay home when sick and continue to do so until the requirements for a safe return are met. The policy outlined below will help prevent the transmission of SARS-CoV-2 (and other illnesses including [flu](#)) and help keep Barclay Shelton open.

Daily Home Symptom Screening for Students

Parents: Please screen your dancers before leaving for class.

Students must stay home when a YES is answered to any of the following questions:

- Temperature 100.4 degrees Fahrenheit or higher?
- Sore throat that you can't connect to another health problem?
- Congestion or a runny nose not related to seasonal allergies?
- A new loss of taste or smell?
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)?
- Diarrhea, vomiting, or abdominal pain?
- New onset of severe headache, especially with a fever?
- Muscle aches or body aches that you cannot connect to another health problem or to an activity such as physical exercise?
- Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19?
- Has been isolating or quarantining because they may have been exposed to a person with COVID-19 or are worried that they may be sick with COVID-19?
- Currently waiting on the results of a COVID-19 test?

COVID-19 Policies in Place

- **If a student or immediate family member tests positive for COVID-19 please notify Barclay Shelton Dance Centre:** barclayshelton@gmail.com or 425-776-8111.
- BSDC will follow the [Snohomish County Case Response Flow Chart](#) and the [Daily Screening Protocol](#) document to report any cases that may arise.

(The above linked documents can be found at www.snohd.org/533/COVID-19-Info-for-Schools-and-Child-Care)

- **Returning to Class after Illness or Exposure:** It is essential that students and staff remain home when sick until at least 24 hours after they no longer have a fever (temperature of 100.4 or higher) or signs of a fever (chills, feeling very warm, flushed appearance, or sweating) without the use of fever-reducing medicine (e.g., Tylenol). Please refer to this guidance for more details on when a staff member or student may return to dance class after illness occurs: [COVID-19: From Exposure to Feeling Better](#)

(<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVID-19-ExposureFeelingBetter.pdf>)

- **Studio Closure due to COVID-19 cases:** If a student or faculty/staff member is diagnosed or exposure is confirmed, the studio may temporarily close for deep cleaning and disinfecting. Guidance will be taken from the Washington State DOH and the CDC.